

## **GUIDE FOR POTENTIATING YOUR BIOHOLOGRAMS**

### **STEP ONE: IDENTIFY THE BIOHOLOGRAMS THAT ARE BLOCKING YOUR POTENTIAL**

ie Which sphere of life (personal, career, social, relationships, financial etc) ?

1. What is the potential you want to realise in your life?
2. What are the bioholograms that are blocking that potential from being unfolded?
3. Are there any feelings associated with the blocks? Eg frustration, anger, sadness etc
4. Does it make itself manifest anywhere in your body with physical symptoms?
5. Does it have a color and a shape? Are there any textures, tones, smells, energy fields or other aspects of the biohologram that you can sense?

### **STEP TWO: COMMUNICATE WITH THE BIOHOLOGRAM (IT IS A LIVING CONSCIOUSNESS!)**

1. Appreciate the biohologram. Recognize that it has been doing something inside of you. Surround it with a field of love.
2. Ask it to communicate with you. Ask it what it wants. Listen. Sense it.
3. What is it doing in you to get what it wants? What does it get?
4. Go deeper. Ask what it really wants. What is its real intent?

### **STEP THREE: CREATE A MEANINGFUL RELATIONSHIP**

1. Ask your Highest, full potential self to guide you.
2. Ask what it would be like to reach the real intent of the biohologram in a more effective way.
3. Have your full potential self help you access the full potential self of the biohologram.

### **STEP FOUR: INITIATE THE TRANSFORMATION**

1. Invite the full potential self of the biohologram to meet the biohologram.
2. Explain to the biohologram that, when it grows up, it will become its full potential self and get everything it wants in a more effective way.
3. Invite the biohologram to transform into its fullest potential and ask if now would be a good time.
4. Envision a golden figure 8 loop emanating from the full potential Self of the Biohologram and connecting with the biohologram itself so there is a high frequency exchange of energy.
5. Notice whatever change takes place in your biohologram in this exchange.

### **STEP FIVE: THE COMMITMENT**

1. Once the transformation has taken place, ask the full potential of the biohologram if it will work in alignment with you and your full potential self from now on.
2. Will it commit to communicate, cooperate and correlate every day?
3. Will it help you manage your old situations in a new and more effective way?

### **STEP SIX: EXTENSION**

1. Ask the new mature biohologram if it will help you manage your old situations in a new and more effective way.
  2. Will it extend its resources with you into helping to make a difference in the collective and on the planet?
  3. Does it have any messages or assignments for you?
- Note responses and guidance in your journal.

**Based on 'The Holodyne Script' from Victor Vernon Wolff (Holodynamics)**