



The Day Out of Time Orange Tiger!

For Kadi

I met Kadi in June 2012, on the last day of my first animal communication workshop. This divine young tigress burst open all the defences I'd built around myself in relation to that weekend and the communication process, and opened the emotional floodgates that enabled me to continue on this path. I'm immensely grateful to her!

Kadi later gifted me with a 'healing mantra for animals' from the spirit realms – she was just two years old when she lost her life to human misjudgement. I discovered through the Sacred Mirrors course that this mantra is remarkably similar to the Ho'oponopono, included within the 'bonus process' for GAP Day 8, which is why I've shared here.

I invite you to use this when you can speak the words with truth, and experience the healing effects it can have on both you, and the animals – they are not used to receiving these kinds of messages from humans, and the calming and soothing effect of these sentiments can be truly beautiful.

My own experience is that these words can also bring up grief in us about the ways in which we treat animals, or allow animals to be treated by others, and that this grief needs to be both honoured and released if we wish to 'clear' and heal our connection with animals.

Like all of us, they long to be loved for who they are.

I am sorry.
Forgive me.
I don't want anything from you;
I just want to be with you.
Thank you for being here.
I love you.