

❖ Spiral Dynamics3



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❖ An Introduction to Spiral Dynamics



THE GREEN INDIVIDUAL “THE INVOLVER”

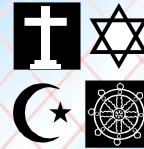
- Care for the less privileged
- A fair division of all for all
- Creative – quick thought and action
- Strong inner sense of direction, becoming intuitive
- Turn away from well-paid, high status position and follow their hearts

STRESS FACTORS

Disharmony, or group divisions and splits, pollution or animal and plant extinctions

THE YELLOW INDIVIDUAL: “THE CHOICE SEEKER”

- + Has big picture views and believe in creativity
- + Lateral problem solving
- + Facilitate access to information
- + Extremely competent in a wide field
- + Individualistic, peaceful and centred
- + Not very interested in politics and materialism



STRESS FACTORS

Blocks in flow, ineffectiveness and excessive structure

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THE TURQUOISE INDIVIDUAL “THE ECCENTRIC INDIVIDUALIST”

- Can be abstract and metaphysical
- Highly individualistic
- See the macro global picture
- Feel a deep spirituality that is not necessarily related to religion
- Shift to other planes of consciousness to be proactive and restore energy
- Strive towards unconditional love and acceptance of others

STRESS FACTORS

Lack of personal space, dogmatism and legalism, lack of insight

