

The Magic of Colour Online Teleclasses

Homework : Week 3

- Complete the 'Colour Your Name' exercise (emailed separately to you), and note your current colour profile as well as the missing colours from your name. What qualities in the missing colours are you most closely aligned with and actively wish to develop?
- Develop the exercise by looking at your maiden name vs married name(s) to see how your relationship may be supporting or challenging you in terms of the colour information. Look at your spouse/partner/preferred names and so on.
- Make notes of your insights and which colours will best support you in the grander journey of your life.