

## Masters of Destiny : Session 2

### Supporting the Re-wiring of Your Brain

There are Twelve sets of qualities or characteristics that are inherent polarities within our psyche. Each is a complementary energetic manifestation of the same force. When we learn to manage them, this ultimately leads us to Divine Unity (9<sup>th</sup> wave)

There is an innate tension that exists between each of the opposites, that when mastered, create a cross-over in the brain and a strengthening of the core column within your Diamond, enabling you to hold greater balance and emanate more light. It also provides for greater neuronal plasticity and additional neural pathways within your brain.

Each manifestation (attribute), or energy has within it an additional polarisation. In other words, there is a right time – right place to utilise each of the characteristics and when this is recognised and appropriately utilised, it leads to increased frequency, connection and unity.

Inappropriately used, these attributes can lead to lowered frequency, reduced connection to Source and reduced neuroplasticity.

There are no 'bad' characteristics, only misguided and incorrectly used forces

**Mastering the Attributes means to use them at the right time- right place always, as this supports our elevation into unity consciousness. This was a discipline of the ancient mystery school initiates.**

**Contemplating the attributes in your own life develops the brain, sharpening your ability to respond and act appropriately when any one of the attributes is requires.**

#### The 12 Attributes

1	Being Silent	Speaking
2	Receptivity	Resistance to Influence
3	Obedying	Ruling
4	Humility	Self-Confidence
5	Speed and rapid responses	Reflection
6	To accept everything	To differentiate and discern
7	Ability to fight	Peace
8	Caution	Courage
9	To Possess nothing	To command everything
10	To have no ties	Loyalty
11	Scorning death	Regard for Life
12	Indifference	Love

Working with the 12 Attributes

Examples of 'Divine' vs Harmful application

<b>1</b>	<b>Being Silent</b>  + Prayerful, connecting with the Divine within, listening to others  - Harmful if silent when speaking could save someone from danger for example	<b>Speaking</b>  + Divine gift of speech, communicating Truth  - Idle Chatter, gossip, disturbance
<b>2</b>	<b>Receptivity</b>  + Openness to intuitive guidance, beauty, goodness, love  - Impressionability, capitulation to influence, undiscerning	<b>Resistance to Influence</b>  + the ability to Unflinching resist adverse influences that seek to derail your commitment to evolving  - resisting higher forces seeking to work through you (becomes self-isolation)
<b>3</b>	<b>Obeying</b>  + Adherence to inner conviction and 'Higher' Authority (no matter what)  - Servility, obedience to external authority without question out of fear, weakness, cowardice	<b>Ruling</b>  + Being able to give the weak some of your own willpower. Leadership without infringing on self-determination  - Selfish motives, infringing others rights, imposing will on others, tyrannical
<b>4</b>	<b>Humility</b>  + Recognition that you are simply an instrument for manifesting 'divinity' & this same eternal being manifests within and through you, and the universe.  - Self humiliation, subordination to earthly manifestations. 'Violating' divinity. Ego	<b>Self-Confidence</b>  + Confidence through the ultimate presence of the divine within you, your True Being, deriving your power from this source.  - False pride, imagining we have power through the personality. Owning 'divine' qualities as human

<p><b>5</b></p>	<p><b>Speed and Rapid responses</b></p> <p>+ Choosing the best and highest from a number of possibilities, instantaneously. Presence of mind above concepts of 'time.'</p> <ul style="list-style-type: none"> <li>- Haste, disconnection &amp; impulsivity</li> </ul>	<p><b>Pause and Reflect</b></p> <p>+ Circumspection, patience, time to reach the right decision, prudence, recognition of the 'right direction'</p> <ul style="list-style-type: none"> <li>- Doubt and indecision</li> </ul>
<p><b>6</b></p>	<p><b>Accept everything</b></p> <p>+Acceptance of all that is brought to you. Having an internal, divinely connected locus of self-worth that is not impacted by anything external. Contentment always</p> <ul style="list-style-type: none"> <li>- Apathetic indifference or lack of character</li> </ul>	<p><b>Differentiate and Discern</b></p> <p>+ To always choose the best &amp; not be satisfied with what is inferior. Discern good/bad, truth/falsehood and divine/personality</p> <ul style="list-style-type: none"> <li>- Inability to differentiate, subject to co-ercian</li> </ul>
<p><b>7</b></p>	<p><b>Ability to Fight</b></p> <p>+ 'Fighting' the shadow of error with Truth. Noble courage, standing for what is right</p> <ul style="list-style-type: none"> <li>- quarrelsomeness</li> </ul>	<p><b>Peace</b></p> <p>+ Restoring unity to what has been torn apart. Restoring harmony in conflict</p> <ul style="list-style-type: none"> <li>- turning the other cheek, cowardice, staying in your comfort zone to 'keep the peace'</li> </ul>
<p><b>8</b></p>	<p><b>Caution</b></p> <p>+ right time/right place, awareness of big picture, controlling impulses</p> <ul style="list-style-type: none"> <li>- stuckness, inaction, cowardice</li> </ul>	<p><b>Courage</b></p> <p>+ Facing difficulties, fending off attacks or threats to safety without hesitation. Fearlessness</p> <ul style="list-style-type: none"> <li>- Recklessness, devil-may care</li> </ul>
<p><b>9</b></p>	<p><b>To possess nothing</b></p> <p>+ Understand what it means to possess nothing. Nothing anywhere really belongs to you. All is to be passed on and is an aspect of universal / divine flow. Know your needs will always be met for your unique purpose.</p> <ul style="list-style-type: none"> <li>- Not caring or being contemptuous of the material. Expectation without effort</li> </ul>	<p><b>To command everything</b></p> <p>+ Respect matter as something 'divine'. Mastering the art of being able to acquire material resources to fulfil your task. Deal with matter &amp; not act 'against' it. True manifestation based on needs</p> <ul style="list-style-type: none"> <li>- Selfish craving for possessions</li> </ul>

<p><b>10</b></p>	<p><b>To have no ties</b></p> <p>+ Being unattached to anyone. Learn to love the divine manifestation through the person &amp; not the personality. Be prepared to leave/move on if this is required of you (higher guidance)</p> <ul style="list-style-type: none"> <li>- Indifference and apathy towards others</li> </ul>	<p><b>Loyalty</b></p> <p>+ Loyalty to those in whom you recognise the 'Divine' that animates and works through them. Loyalty to the Higher force rather than a personality</p> <ul style="list-style-type: none"> <li>- 'cultish' glorification of others/misplaced loyalty</li> </ul>
<p><b>11</b></p>	<p><b>Contempt for death</b></p> <p>+ Unshakeable conviction that there is no 'death'. Acknowledgement of Self as a branch on the Tree of Life, therefore is life itself and immortal. Not shrinking in fear of death.</p> <ul style="list-style-type: none"> <li>- Inappropriate risk taking and disregard for life</li> </ul>	<p><b>Regard for life</b></p> <p>+ Appreciate ALL life and the eternal Source that manifests itself in everything that lives. Living joyously with that recognition</p> <ul style="list-style-type: none"> <li>- Allowing joy in living to become an end in itself. Sensuality as opposed to sensory appreciation.</li> </ul>
<p><b>12</b></p>	<p><b>Indifference</b></p> <p>+ Being able to give up your personal viewpoint, inclinations, feelings, beliefs and judgments. Impartiality. Personal indifference while considering everything from the standpoint of the whole.</p> <ul style="list-style-type: none"> <li>- Indifference to suffering &amp; antipathy towards helping when it is within your means to do so.</li> </ul>	<p><b>Love</b></p> <p>+ Loving everything and everyone without distinction or discrimination. Like the sun that shines on all. Love beauty and perceived ugliness, true &amp; false, good &amp; bad, light and shadow, knowing that one does not exist without the other.</p> <ul style="list-style-type: none"> <li>- Conditionality</li> </ul>

## Exercises

1. Contemplate each of the attributes and list additional examples in the chart below of how each one may manifest both +vely and -vely. In other words, when would the use of the attribute be a force for good (upliftment) or conversely create disharmony

1	<b>Being Silent</b> +  -	<b>Speaking</b> +  -
2	<b>Receptivity</b> +  -	<b>Resistance to Influence</b> +  -
3	<b>Obeying</b> +  -	<b>Ruling</b> +  -
4	<b>Humility</b> +  -	<b>Self-Confidence</b> +  -

<b>5</b>	<b>Speed and Rapid responses</b> +  -	<b>Pause and Reflect</b> +  -
<b>6</b>	<b>Accept everything</b> +  -	<b>Differentiate and Discern</b> +  -
<b>7</b>	<b>Ability to Fight</b> +  -	<b>Peace</b> +  -
<b>8</b>	<b>Caution</b> +  -	<b>Courage</b> +  -
<b>9</b>	<b>To possess nothing</b> +  -	<b>To command everything</b> +  -

<b>10</b>	<b>To have no ties</b> +  -	<b>Loyalty</b> +  -
<b>11</b>	<b>Contempt for death</b> +  -	<b>Regard for life</b> +  -
<b>12</b>	<b>Indifference</b> +  -	<b>Love</b> +  -

**2. Now take a look at the balance of each of the attributes in your own life and where your energy /thoughts / actions tend to be more focussed. Identify the areas for your own development and make a list for your own awareness of areas that require adjustment in order to bring balance.**

**This requires total honesty with ourselves. Your responses and insights are for you personally. You will only be asked to share in the group if you feel comfortable doing so!**

1	<b>Being Silent</b> +    -	<b>Speaking</b> +    -
2	<b>Receptivity</b> +    -	<b>Resistance to Influence</b> +    -
3	<b>Obeying</b> +    -	<b>Ruling</b> +    -
4	<b>Humility</b> +    -	<b>Self-Confidence</b> +    -



<b>5</b>	<b>Speed and Rapid responses</b> +  -	<b>Pause and Reflect</b> +  -
<b>6</b>	<b>Accept everything</b> +  -	<b>Differentiate and Discern</b> +  -
<b>7</b>	<b>Ability to Fight</b> +  -	<b>Peace</b> +  -
<b>8</b>	<b>Caution</b> +  -	<b>Courage</b> +  -
<b>9</b>	<b>To possess nothing</b> +  -	<b>To command everything</b> +  -

<b>10</b>	<b>To have no ties</b> +  -	<b>Loyalty</b> +  -
<b>11</b>	<b>Contempt for death</b> +  -	<b>Regard for life</b> +  -
<b>12</b>	<b>Indifference</b> +  -	<b>Love</b> +  -