

Why is my Intuition not as strong as it used to be?

An article by Julie Umpleby, www.diamondlightworld.net

I have had this question put to me numerous times over the past few years, by both experienced intuitives and novices alike. More often than not, those who are querying what is happening, think that something is wrong with them or they are perhaps not doing things right anymore and that their guidance doesn't seem to be as 'loud and clear' as it was. This often leads to frustration, self-judgment and lowered confidence in their abilities, and in the face of emotional influences, intuition itself becomes more clouded. It's a double-edged sword if we are not aware of what is actually happening and what we can do to counteract it.

I have also personally been through periods when my intuitive inner voice doesn't seem to be as clear, or when my ability to read energy fields fades for a while. There are actually a number of reasons why this is happening and with awareness you will be able to move through these sometimes confusing stages without feeling like you have lost the plot!

To understand why and what is going on, we first acknowledge the fact that all is energy, and all information – whether gross (verbal, in person), or subtle (inner voice, kinaesthetic impulses etc) is communicated via electromagnetic frequencies. Energy in the form of electromagnetic carrier waves, is information and we are surrounded by information at all levels of the electromagnetic spectrum. Our Higher Self which feeds information to us or triggers our intuition, operates on frequency bands that are much higher and finer than the gross (or 'lower) frequencies through which we experience our current reality.

What happens when we have our initial wake up call, is that life becomes a magical ride of blatant synchronicities and numerous 'wow' moments as our life is steered in new directions. The window or portal to the higher frequency ranges gets blown wide open, and the events that take place are so radically different from what we have previously known that there can be no mistaking the fact that our life has shifted in some way. Many of us feel called to explore alternate avenues, to reconnect with the natural order of things and of life. We discover latent healing gifts, unexpressed talents and capabilities we were unaware that we had. For thousands of years we have been disconnected from the universal harmonic and alternate perspective on reality, and grew up believing that the reality we were taught was all that there was.

So, in the heady stages of waking up, we are guided into maintaining the open doorway to our Higher Self, our Divine Essence through very clear intuitive impulses and life synchronicities to make sure that we stay on this new track. Throughout this time, our body begins the process of

literally detoxifying and transmuting all of the old thoughts, beliefs and emotional patterns that we have been stuck with for literally thousands of years through ancestral memories locked into our DNA. This can take many years to go through this process (although with time itself speeding up and the new matrix embedding ever more strongly, this is also taking less and less time). We find we are guided so clearly to the right teachers, healers and those who can help to facilitate our transformation.

What we are doing is preparing our various bodies – at all levels – to integrate and align with a new matrix of light in order to be able to move through this huge planetary shift. This new matrix is comprised of a different range of electromagnetic frequencies than we have been used to. Our Divine Self that is aligned with this new matrix begins becomes embedded in the very cells and fabric of our body as we gradually embody and align with more of these new frequencies.

What we are learning through this process is what all the great Spiritual Masters have taught us – that everything we need is within us. We just needed to create the space in order to connect and KNOW this. This is the key to what appears to be diminished intuition or reduced synchronicities.

Our reliance on externally perceived events and circumstances, clear guiding voices etc, is being replaced by our own innate KNOWING. We are moving from intuitive guidance to a deep knowing that all is well. Along with the knowing, comes a deep sense of peace that no matter what the circumstances we may be faced with, our Divine Self through an open heart knows exactly what to do and how to respond. We no longer need to be directed by external stimuli in order to confirm this rightness, for it truly is within us. The more we surrender to this force that is our real source of power, the more we are subtly moved to think and act in ways that are in accordance with the Higher Harmonics of the universe and the Divine fabric that underpins it.

This doesn't mean that intuition disappears completely. It simply becomes more subtle and more refined in accordance with the new frequency ranges we are operating at. As our awareness expands, so too does our ability to capture the subtlest of messages and guidance. One or two words provide the impetus necessary for right action, where previously we had books, people and external cues providing us this with this, sometimes with all the subtlety of a sledgehammer.

The 3-D world that initially responded and showed us the path, can no longer operate at the same level of resonance that we are operating at – so we no longer receive our guidance from this source. Instead, we are adjusting to be able to receive from the higher grids of reality in more subtle, quiet and Knowing ways.

And as we embrace yet more of our Divine Essence and connect more deeply with the peace and stillness of our core, we no longer need the 3-d world to show us where to go and what to do. We are empowered to act from our own internal source.

Another factor affecting our intuition is the activity of the sun and impacts on the planetary geomagnetic fields and the Schumann resonance. This will be explored in a further article.

Julie Umpleby is the founder of Diamond Light World, the home of the Diamond matrix of Light that is the vehicle or container for your Highest Self. This shape is found at every level of the human body in its structure, as well as at the macro level of the Universe, and has been scientifically shown to be a perfect receiver and transmitter of energy. As such, the octahedron or diamond also serves as an amplifier and 'boosts' the subtle energy signals of your Higher Guidance through energy focus through the heart – it is an amazing energy tool we have been given for these times.

She designs and creates processes that support the alignment of your very own crystalline matrix to support transformation and embody more of your Divine Essence. Find out more at <http://www.diamondlightworld.net>